

Summer Morning & Evening Routine *checklist*



MORNING

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
Make your bed	<input type="checkbox"/>					
Brush your teeth	<input type="checkbox"/>					
Wash your face	<input type="checkbox"/>					
Get dressed (no pajamas after breakfast!)	<input type="checkbox"/>					
Put dirty clothes in the laundry basket	<input type="checkbox"/>					
Unload the dishwasher (if it's your day)	<input type="checkbox"/>					
Clean up your breakfast spot	<input type="checkbox"/>					
Tidy up one area (toys, shoes, or craft zone)	<input type="checkbox"/>					
Screen-free activity (read, draw, play)	<input type="checkbox"/>					
_____	<input type="checkbox"/>					
_____	<input type="checkbox"/>					
_____	<input type="checkbox"/>					

EVENING

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
Tidy your room (put away toys/clothes/books)	<input type="checkbox"/>					
Load your dinner dishes in the dishwasher	<input type="checkbox"/>					
Shower or bathe	<input type="checkbox"/>					
Brush teeth	<input type="checkbox"/>					
Wash face	<input type="checkbox"/>					
Set out clothes for tomorrow	<input type="checkbox"/>					
Quiet time: journal, read, or talk	<input type="checkbox"/>					
Lights out by _____	<input type="checkbox"/>					
_____	<input type="checkbox"/>					
_____	<input type="checkbox"/>					
_____	<input type="checkbox"/>					

